



# Redbank Valley High School

## **2020-2021 EXTRACURRICULAR HANDBOOK FOR STUDENTS and PARENTS**



Every student that participates in a recognized extra-curricular activity will be required to pay an "Activity Fee". This onetime annual fee will be \$100.00 per student. The fee will be paid after tryouts, but before the first official competition or presentation of the first activity of the school year for the student. This payment can be made in the main office with cash or check. Checks should be made payable to Redbank Valley School District (RVSD). Under no circumstances does the payment of this fee guarantee participation or playing time.

|                       |                 |                            |
|-----------------------|-----------------|----------------------------|
| <b>Season Passes:</b> | <b>Student-</b> | <b>Free Admission</b>      |
|                       | <b>Single-</b>  | <b>\$50.00</b>             |
|                       | <b>Family-</b>  | <b>\$100.00</b>            |
|                       | <b>Seniors-</b> | <b>\$50.00 (life-time)</b> |

|                           |                  |                       |
|---------------------------|------------------|-----------------------|
| <b>Varsity Gate Fees:</b> | <b>Adults-</b>   | <b>\$5.00</b>         |
|                           | <b>Students-</b> | <b>Free Admission</b> |

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|-------------------------|------------------|-----------------------|
| <b>JH/JV Gate Fees:</b> | <b>Adults-</b>   | <b>\$3.00</b>         |
|                         | <b>Students-</b> | <b>Free Admission</b> |

Student involvement in extra-curricular activities is a privilege – not a right. Redbank Valley Jr.-Sr. High School (R.V.H.S.) encourages our students to take advantage of this privilege to participate in the following extra-curricular programs offered at the school:

\*Interscholastic Sports:

Football (Varsity, Junior Varsity, Jr. High)  
 Soccer – Boys & Girls (Varsity, Jr. High)  
 Volleyball - Girls (Varsity, Jr. High)  
 Band  
 Wrestling (Varsity, Jr. High)  
 Basketball - Boys & Girls (Varsity, Jr. Varsity, Jr. High)  
 Track & Field - Boys & Girls (Varsity)  
 Baseball (Varsity, Jr. Varsity)  
 Choir  
 Softball – Girls (Varsity, Jr. Varsity)  
 Cheerleading (Varsity, Jr. High)

\*Other Extra-Curricular Activities:

Marching Band  
 Drill Team (Color Guard)  
 Jazz Band  
 Pep  
 Talent Show  
 School Play  
 School Musical

(\*Note: This list may not be all-inclusive as some activities may or may not be offered every year.)

**GENERAL ADMINISTRATIVE POLICIES:**

Rules and Regulations. All students desiring to participate in an extra-curricular program must meet all eligibility rules and regulations set forth by R.V.H.S and when applicable, the Pennsylvania Interscholastic Athletic Association (P.I.A.A.). All coaches/directors are responsible for adhering to these rules. It is important that everyone involved with the extra-curricular program be familiar with and strictly comply with these rules and regulations. Failure to comply with all eligibility rules endangers not only the individual student, but also that of the entire team/group and school.

Age (Athletics). A student who is under the age of nineteen (19) or who reaches the age of 19 on or after July 1 shall be eligible through that school year.

Amateur Status (Athletics). A pupil must be an amateur in the sport in which they wish to compete. Amateur status is endangered by the acceptance of prizes, including money, as awards given by the school, the sponsor of an athletic event, the news media, or a non-profit organization.

School Attendance. A student must report to school prior to the end of Period 1 to be considered eligible to participate in an extra-curricular activity that day. In order to participate in that days' extra-curricular activities, any student arriving after the end of Period 1 or leaving school early must submit a signed doctor's note. Any exceptions to this rule must be approved by the principal or the Activities Director in advance and will be made only in cases involving extraordinary circumstance.

Dual Participation. Students may participate in more than one extra-curricular activity per season when the coaches/directors of the participating programs agree. However, each student must specify his/her priority sport.

Period of Participation (Athletics). After the conclusion of sixth grade, students shall be eligible for a maximum of six school years. After the conclusion of eighth grade, students shall be eligible for a maximum of eight total semesters or four seasons.

Insurance (Athletics). Students participating in extra-curricular activities should have some form of accident insurance. Before a student can participate, he/she must submit a proof of insurance form to the athletic trainer. If he/she does not have insurance, the form must still be signed relieving Redbank Valley High School from any responsibility for costs associated with an athletic injury. Forms for school insurance can be obtained in the main office. These forms can be obtained in the Athletic Training Room. Football players must purchase catastrophic insurance.

Physical Examinations (Athletics). Students trying out for any interscholastic sport are required to have a physical examination. No boy or girl may participate in practices or contests until the coach has received a signed P.I.A.A. Health Certificate form from a licensed physician giving approval to participate. A physical examination is necessary for each sport in which the student participates. It is the coach's responsibility to have a signed physical card before a student can participate. There will be no exceptions.

Consent of Parent or Guardian (Athletics). Before beginning participation, a pupil must submit to the school a P.I.A.A. Consent of Parent Certificate signed by a parent or guardian.

Emergency Medical Treatment (Athletics). An emergency medical treatment card indicating any existing health or medical conditions and a parent or guardian's signed permission for the school to obtain medical treatment in the event of an emergency must accompany the team to all athletic events.

Missing Preseason (Athletics): Any student being allowed to participate in a sport after the season has started **must practice a minimum of two weeks** before being permitted to play in any contest.

Code of Conduct Agreement: This form verifies that both the student and parent agree and have read this handbook (see Page 7).

All forms including the signed extracurricular contract must be turned in before the student may participate in any practice (rehearsal) or contest.

#### **EXTRA-CURRICULAR ELIGIBILITY:**

In order to be eligible for extra-curricular activities, students must meet the eligibility requirements. These requirements are:

1. Any student failing two (2) subjects during the previous grading period is ineligible to participate for the first twenty (20) school days of the following grading period.
2. Students may not practice the first 10 school days of ineligibility. They may practice but not play the remaining 10 days if they are meeting the weekly eligibility guidelines.

Weekly eligibility grade checks are performed for all students involved in extra-curricular activities. The weekly eligibility guidelines are:

1. Grades are to be calculated weekly by current grade average.
2. Any student with a grade below 60% currently or cumulatively is considered failing.

3. Students failing one class will be warned by their coach/director/advisor that they are in academic difficulty and endangering their eligibility.
4. Students failing any one class for three consecutive weeks or students failing two or more classes at any time shall be declared ineligible by the Student Activities Director and not allowed to practice or play for a minimum of one week, commencing on Monday.
5. Students who have been declared ineligible by the Student Activities Director three consecutive weeks will be removed from that extra-curricular activity for the remainder of the school year.
6. Students who have been warned or declared ineligible for academic reasons and quit the activity are not allowed to rejoin that extra-curricular activity for the remainder of the school year.
7. Any student who is ineligible for three consecutive weeks will be considered terminated from that activity.

Eligibility requirements questions should be directed to the Student Activities Director.

**AWARDS:**

1. Head coaches/Directors shall establish the criteria for their team/activity awards.
2. Candidates must have conformed to all eligibility rules.
3. Candidates must have conformed to the attendance regulations at practices/rehearsals and contests/performances to the satisfaction of the head coach/director.
4. Candidates must have displayed good sportsmanship at all times.
5. All candidates must have returned all school issued equipment checked-out in their name or reimbursed the school for the replacement cost of any lost or damaged equipment prior to receiving an award.
6. All candidates must have conformed to all rules and regulations established by the school and coach/director.
7. Athletic coaches will recommend their award winners to the Activities Director.
8. Student athletes injured during the season and not allowed by the team physician/athletic trainer to participate any further may be eligible for the appropriate award based upon the recommendation of the head coach.
9. Students dismissed from an extra-curricular activity for disciplinary reasons forfeit any claims to any awards from that activity.

Types of Awards (Athletics).

1. Varsity Letter – Coaches will award varsity letters earned in each sport.
2. Varsity "R" Jackets – Student athletes must have earned one varsity letter to qualify. Eligible students must purchase this jacket through the school.
3. Coaches/Directors may issue other awards for their particular activity. (NOTE: These awards are not purchased by the school.)

**UNIFORMS/SCHOOL-ISSUED EQUIPMENT:** As representatives of R.V.H.S., students are expected to wear the uniform attire issued to them. These uniforms and, in some cases, warm-ups and/or shoes, may not be used except for school games/performances and practices/rehearsals. Use of these items for physical education classes, home, or street wear, or any purpose other than the reason they were issued to the participant is strictly prohibited. All school equipment issued to a student must be cleaned and handed in to the coach/director in a timely manner. Any student who is late turning equipment in or has lost equipment will not be allowed to participate in another activity until all obligations are met. Any student quitting or removed from an activity must return all equipment to the coach/director. (NOTE: Athletes may wear uniforms to school on game day.)

**FORMS:** Coaches/Directors are responsible for distributing and collecting any student forms for their program as directed by the administration.

**CODE OF CONDUCT:**

Discipline. Coaches/Directors shall establish rules for their activity that may affect the student's participation, such as promptness and attendance at practices and contests/performances, inattention to directions, school citizenship, horseplay, etc. These rules and regulations may be included in the team/activity notebook/ and placed on file in the Activity Director's Office. (NOTE: Any rules established by coaches/directors for their sport/activity cannot supersede those listed in this handbook, the R.V.H.S. Parent/Student Handbook, and Redbank Valley School District policy.

Suspension from an Athletic Squad. Students may be temporarily suspended from an activity by the coach/director, activities director, or principal. Reasons for temporary suspensions may include, but not be limited to following:

1. Failing Grades;
2. Violations of the school's Code of Student Behavior;
3. Unexcused/Excessive absences from school;
4. Personal misconduct (Students are ineligible for practice/rehearsals and contests/performances during periods of suspensions out of school or in school);
5. Unexcused absences from activity meeting(s), practices/rehearsal(s), or contest(s)/performance(s);
6. Unsportsmanlike conduct;
7. Violations of extra-curricular policies; and
8. Tobacco Possession or Use
  - a. First Offense – Two week suspension from the activity if currently participating. If not currently participating, suspension will be one week from their next activity.
  - b. Second Offense – Suspension from all extra-curricular activities, including attendance at events, for three calendar months.

Removal from an Extra-Curricular Activity. Recommendations to remove a student from an extra-curricular activity may be made by the coach/director, activity director, principal, or superintendent. Coaches/Directors will confer with the activities director before taking action to remove a student participant. Reason(s) for removal may include, but are not limited to the following:

1. Continued violations of the school's student disciplinary guidelines;
2. Repeated violations of the school or extra-curricular code of conduct;
3. Personal misbehaviors that do or could result in police or court action;
4. Verbal or physical attacks upon an opponent, official/judge, teacher, spectator, coach, school official, or any other person;
5. Continued acts of poor sportsmanship; and
6. The possession and/or use of an alcoholic beverage, illegal or performance enhancing drugs not prescribed by a physician. This also includes the use of an inhalant not prescribed by a physician,
  - a. Violation of this rule during school, on a school bus, on district property, or at school functions or activities is governed by the guidelines established in the Redbank Valley Junior-Senior High School Parent-Student Handbook.
  - b. A student who violates the prohibition against the use of drugs, alcohol, or controlled substance will be immediately suspended from attending and participating in all extra-curricular activities for one calendar year. After the conclusion of the one year suspension period, a student may resume participation in the extra-curricular program if he/she has successfully completed a S.A.P. team recommended program.

Due Process. Before any student can be removed from an extra-curricular activity for violating the Extra-Curricular Code of Conduct, the following due process procedures will be followed:

1. The student will be given an oral or written notice of the charges;
2. If the student denies the charges, an explanation of the evidence will be given;
3. The student will be given an opportunity to explain his/her side of the story; and

4. The parent(s) shall be notified of the suspension. This notification shall specify the violations and the penalty to be invoked.

**Students under investigation for an offense that may result in suspension or removal from an activity will be placed on a temporary suspension until the investigation or any legal proceedings are completed.**

School Suspension. Students may not participate in nor attend extra-curricular activities while serving a school suspension (either in or out of school).

1. Coaches/Directors must check the absentee list daily to determine if any of their students are on suspension.
2. Suspension officially ends the day following the last day of a suspension.

Student's Responsibilities. Once choosing to participate in any of the R.V.H.S. extra-curricular activities, students must accept the following responsibilities:

1. Always displays good sportsmanship.
2. Maintain good citizenship so that you may represent R.V.H.S. with pride.
3. Comply with all eligibility rules.
4. Prevent participation from interfering with your grades or attendance.
5. Return all school-issued equipment at the end of the season.

Absences. Students involved in extra-curricular activities are expected to maintain excellent school attendance. Students cannot attend a practice/rehearsal nor compete/perform on days they are absent from school. Any student who attempts to attend/participate an extra-curricular activity on a day of absence and any student having an illegal/unexcused absence is ineligible to participate in the next scheduled contest/performance.

The administration reserves the right to limit athletic participation for any athlete who is absent or tardy the day following the athletic event.

Attendance at Extra-Curricular Activities. By participating in the extra-curricular program, students commit themselves to all scheduled functions of the activity, including practices/rehearsals, contests/performances, banquets, meetings, etc. The following attendance policies affect extra-curricular eligibility:

1. Unexcused absence(s) from scheduled functions may make that student ineligible to participate in the next scheduled event.
2. Only the coach/director, activities director, or principal may excuse a student from a scheduled function.
3. Students are expected to schedule doctor, dentist, tutor, or any other appointments away from school and scheduled extra-curricular functions.
4. Students must schedule work hours around the school day and scheduled functions.
5. Detentions will not be moved to allow participation in a scheduled function.

Fundraising. Student participation in fundraising by extra-curricular activities and booster clubs is entirely voluntary and is not required for participation in the activity.

Changing Sports During a Season (Athletics). Students removed from one sport for disciplinary reasons or who quit after the final team selections have been made are ineligible to participate in another sport, including school-sponsored off-season sports, until the program in which they quit or were removed from has ended.

1. Exceptions to this policy will be made only with the mutual agreement of the two head varsity coaches of the activities involved and the activity director.
2. A season is not considered completed until the team has played its last scheduled contest or individual team members have been eliminated from post-season competition.

3. All players must practice for a minimum of two weeks before competing in a scrimmage or contest.

Out-of-Season Rule (Athletics). The coach or other personnel representing the school shall not require an athlete to participate in a sport or a training program for a sport outside of the P.I.A.A. defined sport's season. The participation of students in any sports activity that occurs outside of its defined season must be voluntary.

P.I.A.A. Rules (Athletics). This book is a supplement to all PIAA Rules and Bylaws, which are available for review in the activities director's office.

Transportation: Students are required to travel to and from all contests/performances by transportation provided by the school. The use of any other form of transportation is prohibited unless special permission is granted by activities director or principal. Coaches/Directors will grant permission for a student to ride home with his/her own parent when the parent personally verifies to the coach/director he/she is there to pick up his/her own son/daughter. The coach may also grant permission for a player to ride home with another player's parent, if the parent has given specific permission to the coach in a note. However, at no time will a student be granted permission to ride with another student or their parents.

#### **PARTICIPANT'S RESPONSIBILITIES:**

The privilege of participating in one of Redbank Valley Jr.-Sr. High School's many extra-curricular activities can be the high point of your school experience.

Involvement in these activities can help you develop life-long skills, including hard work, dedication, commitment, competition, good sportsmanship, time management, and working cooperatively with others.

This pamphlet is a guide for you to follow while you are involved in an R.V.H.S. extra-curricular activity. Please refer to it when you have questions of policy and don't hesitate to ask your coach/director for clarification.

Best of luck in your activity - and have fun!

Amy Rupp  
Principal

Roddy Hartle  
Athletic Director

**REDBANK VALLEY JR.-SR. HIGH SCHOOL**  
**2020-21 Extra-Curricular Code of Conduct Agreement**

In signing the following, the student and parent/guardian acknowledge that they have read and understand the guidelines outlined in the Extra-Curricular Handbook for Students & Parents. Failure by the student to adhere to this extra-curricular Code of Conduct may result in suspension and/or dismissal from any/all extra-curricular activities at Redbank Valley Jr.-Sr. High School.

This form must be signed annually and returned to the coach/director prior to the student being allowed to commence participation in any extra-curricular activity.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

