

Redbank Valley JR/SR High School November 2023

Monday	Tuesday	Wednesday	Thursday	Friday	
30 Pulled Pork Sandwich	31 HAPPY HALLOWEEN Crispy Chicken Sandwich	1 Spaghetti w/ meatballs	2 Chicken Bacon Ranch Hoagie	3 Ham Egg & Cheese Crossant	DID YOU KNOW? November 2 nd is the only day that is the birthday of two US Presidents? Yep, Polk and Harding were both born on this day.
6 Walking Taco w/ Churro	7 Tomato OR Chicken Noodle soup w/ Toasted Cheese	8 Buffalo Chicken Dip	9 Bacon Cheeseburger	10 Sailsbury Steak w/ Mashed potatoes & gravy	LUNCH & BREAKFAST ARE FREE FOR ALL STUDENTS FOR THE 2023-2024 SCHOOL YEAR
13 Hotdog w/ nacho cheese or Chili Sauce	14 Stuffed Shells w/ garlic breadstick	15 Grilled Chicken Sandwich	16 Turkey stuffing Casserole w/ mashed potatoes and gravy	17 Popcorn shrimp & toasted cheese sandwich	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
20 Chili & Toasted Cheese sandwich	21 Pulled Pork Sandwich	22 Chicken Smackers w/ garlic breadstick	23 No School! Thanksgiving	24 No School! Thanksgiving Break	REMINDER: Even though meals are free, your child still needs to pay for any ala carte items they would get.
27 No School! Thanksgiving Break	28 No School! ACT 80 Day	29 Hot Ham & Cheese Bagel	30 Sloppy Joe Stacker	1 General Tso or Teriyaki Chicken w/ fried rice and egg roll	There are major supply chain issues currently, we will do our best to make you aware of any menu changes ahead of time **Menu subject to change without notice**

Alternative entrée options of Chef's salad, Smucker's Uncrustables, Pizza, Hamburger or Chicken Patty served daily.

Students may choose one of the daily entree choices that include a protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables, and a milk serving. STUDENTS MUST CHOOSE AT LEAST 3 OF 5 MENU COMPONENTS TO MAKE A COMPLETE MEAL, ONE OF WHICH MUST BE A FRUIT OR VEGETABLE.