



Redbank Valley JR/SR High School October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	
30 General Tso w/ Fried Rice & Egg Roll	1 Popcorn Chicken w/ Breadstick	2 Browned Beef & gravy over mashed potatoes & bread slice	3 Pizza Crunchers w/ dipping sauce	4 Autumn Leaf Day No school	Parents: Do you want some more money? The cafeteria is hiring for several positions. If interested, please stop in and pick up an application at the district office
7 Pulled Pork Nachos	8 Chicken Nuggets w/ side of mac n cheese	9 BRUNCH FOR LUNCH French Toast Stix Sausage Patty Egg Patty	10 Philly Cheese Steak Hoagie	11 Oven Roasted Chicken w/ mashed potatoes & dinner roll	
14 Hot Ham & Cheese bagel	15 Breaded Chicken Smackers w/ breadstick	16 Lasagna w/ garlic bread stick	17 Walking Taco w/ Churro	18 Hotdog w/ nacho cheese or chili sauce	Lunch & Breakfast are free to ALL students for the 2024-25 School Year
21 Spicy Mozzarella cheese bites	22 Buffalo Chicken Dip	23 Rich Fil-A Sandwich	24 Chili w/ grilled cheese sandwich	25 ACT 80 DAY	
28 Mango Jalapeno Sandwich	29 Wrapped Hard- shell Taco	30 Sloppy Joe Stacker	31 Breaded Ravioli w/ cheesy breadstick	1 Chicken Bacon Ranch Hoagie	

Online payment options at
www.myschoolbucks.com

Alternative entrée options of Chef's salad, Smucker's Uncrustables, Pizza or Chicken Patty served daily.

Students may choose one of the daily entree choices that include a protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables, and a milk serving. STUDENTS MUST CHOOSE AT LEAST 3 OF 5 MENU COMPONENTS TO MAKE A COMPLETE MEAL, ONE OF WHICH MUST BE A FRUIT OR VEGETABLE.