



Redbank Valley Intermediate School

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
1 No School! New Years Day	2 Hamburger on Bun Green Beans Celery Sticks Applesauce	3 Buffalo Chicken OR Chicken & Ranch Twister Garden Salad Tater Tots Peaches	4 Walking Taco Garden Salad Fresh Carrots Pears	5 Cheese Pizza Garden Salad Broccoli w/ Cheese Sweet Potatoes Fruit Cocktail	Looking for cafeteria substitute workers. If interested pick up an application at district office.
8 Browned Beef & Gravy over Mashed Potatoes & Bread Slice w/ Butter Garden Salad, Corn, & Pineapple	9 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Garden Salad, Baked Beans, Fresh Carrots	10 Chicken Fingers w/ Multigrain Roll Garden Salad Broccoli w/ Cheese Peaches	11 Pulled Pork Sandwich Garden Salad Green Beans French Fries Applesauce	12 Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potatoes Apple slices	Breakfast is FREE TO ALL STUDENTS . Please stop in and start your day off in the cafeteria.
15 No School! Act 80 Day	16 Nachos w/ Cheese Texas Beef & Rice and Soft Pretzel Rod Fresh Carrots Sweet Potatoes Peaches	17 Spaghetti w/ Meat Sauce & Garlic Breadstick Garden Salad Green Beans Pears	18 Chicken Patty (Plain or Hot and Spicy) Garden Salad Baked Beans Celery Sticks Applesauce	19 Mini Raviolis w/ bread stick Broccoli w/ cheese sauce Celery Sticks Pineapple	You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application
22 Cheese & Potato Pierogies w/ Roll OR Bacon Turkey Wrap Garden Salad Baked Beans Peas Pineapple	23 Ham & Turkey Sub OR Meatball Sandwich Garden Salad Cherry Tomatoes Peaches	24 Chicken Tenders w/ WG Roll Garden Salad Corn Pears	25 Taco Salad OR Hot Dog on Bun Broccoli w/ Cheese Cucumber slices Applesauce	26 Fish Sticks w/ goldfish crackers OR Cheese Pizza Celery Sticks Sweet Potatoes Fruit Cocktail	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
29 Chicken Nuggets w/ side of Mac n Cheese Garden Salad, Corn, & Pineapple	30 Bosco Breadstick w/ dipping sauce OR Sloppy Joe/bun Garden Salad, Baked Beans, Fresh Carrots	31 Steak Salad w/ multi grain roll OR Pizza Bites w/ dip sauce Garden Salad Broccoli w/ Cheese Peaches	1 Corndog on Stick w/ Cheez IT Crackers Garden Salad Sweet Potatoes Apple Slices	2 Stuffed Crust Pizza Green Beans French Fries Applesauce	Follow us on Twitter @rbvalleycafe **Menu subject to change without notice

Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
---	--	---	--	---	--

